



Influenza virus activation of the interferon system

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ABSTRACT

The host interferon (IFN) response represents one of the first barriers that influenza viruses must surmount in order to establish an infection. Many advances have been made in recent years in understanding the interactions between influenza viruses and the interferon system. In this review, we summarise recent work regarding activation of the type I IFN response by influenza viruses, including attempts to identify the viral RNA responsible for IFN induction, the stage of the virus life cycle at which it is generated and the role of defective viruses in this process.

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1. Introduction

The influenza viruses are a leading cause of respiratory illness in humans and are responsible for annual seasonal outbreaks that have serious economic impact. In addition, the wide host range of the virus and the potential for genome reassortment between human influenza viruses and those of other species mean these viruses present a pandemic threat. To establish a productive infection and thus cause disease, influenza viruses must overcome host innate immune responses that are very rapidly activated during infections. The interferon (IFN) family of antiviral cytokines play a major role in these responses and are critical in restricting the early stages of virus infections prior to the activation of the adaptive immune system. The IFNs and other innate immune mediators have serious implications for the outcome of influenza virus infections in terms of disease severity, since highly pathogenic viruses are often associated with excessive cytokine responses (Baskin et al., 2009; Kash et al., 2006). In this review, we summarise recent developments in our understanding of how influenza viruses activate the IFN system and highlight areas in which this understanding is still incomplete.

2. The interferon response to influenza virus

The IFNs are expressed and secreted following the detection of viral components within infected cells; subsequent binding of IFN to its cognate receptor at cell surfaces leads to the upregulation

of hundreds of different interferon-stimulated genes (ISGs) that establish an 'antiviral state' to efficiently limit further replication and spread of the virus (reviewed in Randall and Goodbourn, 2008). Of these ISGs, several have been identified as having direct anti-influenza virus activity. These include the Mx family of GTPases, which are thought to form oligomeric rings around viral nucleocapsids to inhibit their nuclear import and/or replication (Gao et al., 2011; Haller et al., 1980; Pavlovic et al., 1992; Turan et al., 2004; Xiao et al., 2013; Zimmermann et al., 2011); viperin, which affects virus budding and thus limits the release of viral particles from infected cells (Wang et al., 2007) (although the contribution of viperin to the restriction of influenza virus replication in vivo is less clear-cut, Tan et al., 2012); and the IFN-induced transmembrane (IFITM) family members (in particular IFITM3), which interfere with fusion between viral and endosomal membranes thereby limiting viral entry (Brass et al., 2009; Desai et al., 2014; Everitt et al., 2012; Feeley et al., 2011; Li et al., 2013).

The IFNs are classified into three types according to their amino acid sequence and the type of receptor through which they signal. The type I IFNs (which include multiple IFN- α subtypes and IFN- β) and the type III IFNs (IFN- λ) are directly upregulated following virus infection; these are the major IFNs secreted following influenza virus infections in vitro and in vivo (Crotta et al., 2013; Ioannidis et al., 2013; Jewell et al., 2010; Khaitov et al., 2009; Wang et al., 2009). In contrast, type II IFN (IFN- γ) is secreted by activated T lymphocytes and NK cells and will not be discussed further in this review. Airway epithelial cells, plasmacytoid dendritic cells (pDCs) and macrophages are the main producers of IFN during influenza virus infections (Cheung et al., 2002; Hogner et al., 2013; Ioannidis et al., 2013; Jewell et al., 2007; Kallfass et al., 2013; Kaminski et al., 2012). Several studies suggest that airway epithelial cells are primarily responsible for type III IFN

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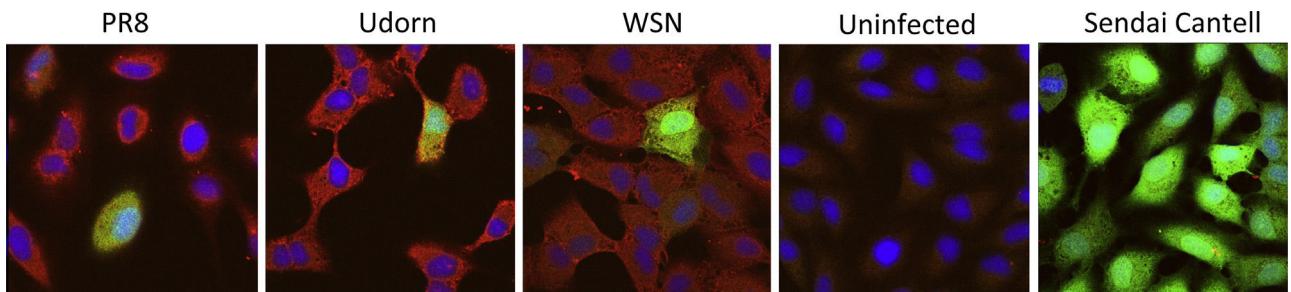


Fig. 1. Heterogeneity in activation of the IFN induction cascade in cells infected with influenza viruses. A549 cells expressing GFP under the control of an IFN- β promoter (A549/pr(IFN- β).GFP; Chen et al., 2010) were infected with 5 PFU/cell of PR8, Udorn or WSN strains of influenza A virus. Cells were left uninfected or infected with 5 PFU/cell Sendai virus (Cantell strain) as negative and positive controls for GFP expression respectively. At 16 h post-infection, monolayers fixed and stained with antibody raised against disrupted X31 virus and DAPI; GFP (green), viral protein expression (red) and cell nuclei (blue) were subsequently examined by confocal microscopy.

the exception of a U4C variation in the 3' terminus of some genome segments) (Desselberger et al., 1980; Robertson, 1979). These sequences possess a partial inverted complementarity, and the influenza virus vRNA segments consequently have the potential to form a 'panhandle' structure (Fig. 2A) that is believed to act as the vRNA promoter (Fodor et al., 1994; Hsu et al., 1987; Tiley et al., 1994). NMR, FRET and enzymatic studies of short naked RNAs corresponding to the 3' and 5' termini have demonstrated the formation of a stable partial duplex of approximately 15 bp in length between the conserved termini and two to three additional segment-specific bases, through Watson–Crick and non-Watson–Crick basepairing (Fig. 2A) (Bae et al., 2001; Baudin et al., 1994; Cheong et al., 1996, 1999; Hsu et al., 1987; Noble et al., 2011; Tomescu et al., 2014). Thus, the influenza virus panhandle has been suggested to be able to act as a potent RIG-I ligand by virtue of the 5'ppp being directly adjacent to a small stretch of partially double-stranded RNA. Although

neither the formation of a panhandle structure within a full-length genome segment nor the contribution of terminal base-pairing to IFN induction by influenza virus have yet been directly demonstrated, *in vitro* transcription products corresponding to influenza virus segments are able to induce IFN when transfected into cells (Baum et al., 2010; Osterlund et al., 2012) suggesting that the influenza virus vRNAs possess an inherent ability to induce IFN. The observations that RNA extracted from influenza virus-infected cells, from purified influenza virions or from RNP reconstitutions activate the IFN response when transfected into cells in a RIG-I-dependent manner (Childs et al., 2012; Kato et al., 2008; Osterlund et al., 2012; Pichlmair et al., 2006; Rehwinkel et al., 2010) have also been used as evidence for IFN induction by the influenza panhandle. IFN induction by RNA extracted from infected cells is unaffected by RNase III treatment, which digests long dsRNAs into short fragments of 12–15 bp (Kato et al., 2008). This may be considered

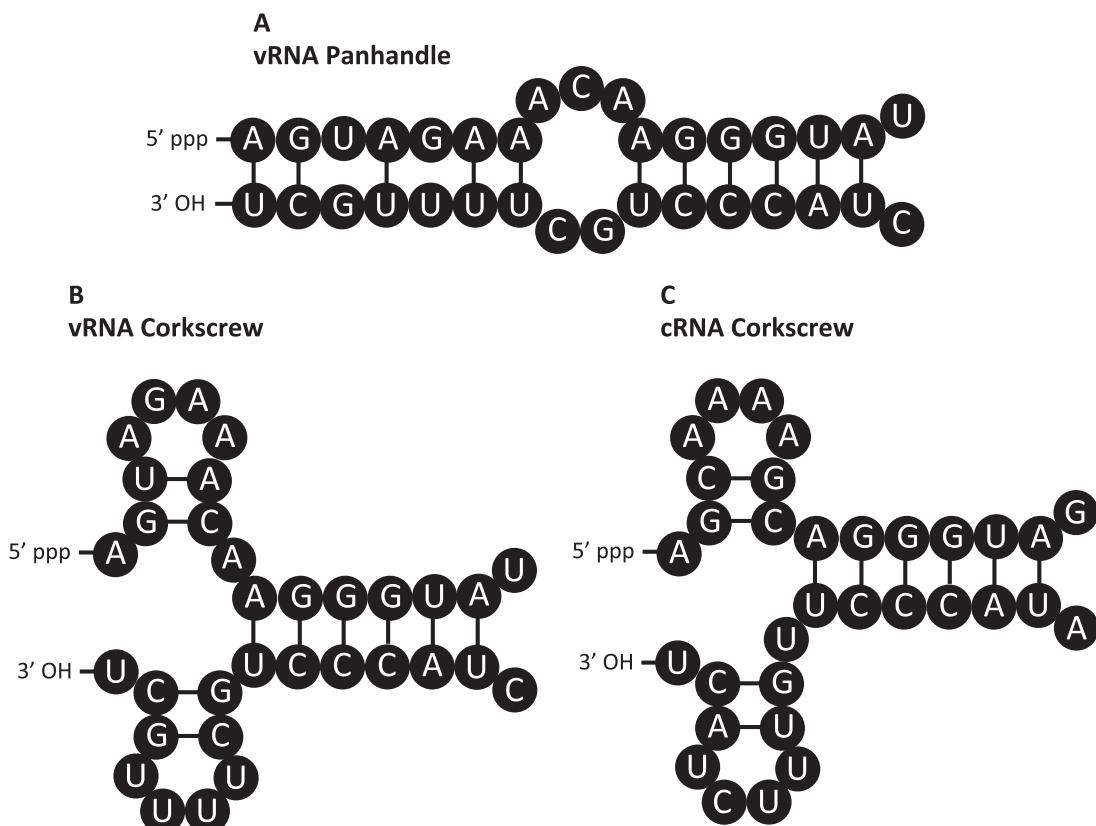


Fig. 2. The panhandle and corkscrew structures of the influenza virus promoter. The panhandle (A) and corkscrew (B) conformations of influenza virus vRNA and the corkscrew conformation of cRNA (C) are shown. Sequences shown from segment 5 (NP) of the WSN strain of influenza virus.

further support for IFN induction by the panhandle, since the base-paired stem would presumably be too short in length to be targeted by this enzyme.

While short free RNAs with the conserved 3' and 5' terminal sequences of vRNA forms a panhandle structure (Bae et al., 2001; Baudin et al., 1994; Cheong et al., 1996, 1999; Hsu et al., 1987; Noble et al., 2011; Tomescu et al., 2014), evidence suggests that encapsidated polymerase-bound vRNA does not. Polymerase binding to the vRNA termini causes the formation of a secondary structure, the ‘corkscrew’ conformation, which has been shown by several studies to be critical for viral polymerase activity (Brownlee and Sharps, 2002; Flick and Hobom, 1999; Flick et al., 1996; Leahy et al., 2001a, 2001b). In this structure, the very ends of the 5' and 3' termini do not associate but instead form intra-termini hairpin loops (Fig. 2B) (Flick et al., 1996). A highly sensitive single-molecule FRET assay was recently used to examine changes in the structure of short RNAs corresponding to the 5' and 3' termini of the genome segments. These RNAs form a partial dsRNA structure in the absence of viral polymerase but undergo a polymerase-dependent conformational change that is consistent with the formation of the corkscrew (Tomescu et al., 2014). The termini of free vRNA therefore form a dsRNA panhandle that is recognised and bound with high affinity by the viral polymerase, causing the vRNA to adopt the corkscrew conformation. Although the corkscrew permits some inter-strand basepairing, this structure would be unlikely to activate RIG-I since the terminal nucleotides do not bind each other to form dsRNA (Flick and Hobom, 1999; Fodor et al., 1995). Furthermore, recent structural determination of an influenza A virus polymerase in complex with the vRNA promoter appears to be incompatible with RIG-I binding of polymerase-associated RNA, since the 5'ppp end of the vRNA is buried within the polymerase in a pocket formed by PA and PB1 (Pflug et al., 2014). In order for an influenza virus genome segment to activate RIG-I therefore, it is likely to exist in the panhandle conformation, which is suggestive of a free, unencapsidated RNA.

The number of vRNA molecules within an infected cell vastly outnumbers cRNA, with the proportion of vRNAs to cRNAs estimated at between 10:1 and 40:1, depending on the segment (Hatada et al., 1989; Mukaigawa et al., 1991). For this reason, much of the work on influenza virus RNA and IFN induction has focused on the vRNA. Given that the cRNA is an exact complement of the vRNA, the cRNA termini are also partially complementary and would thus be expected to form panhandle and corkscrew structures. Indeed, cRNPs form closed helical loop structures similar to vRNPs (York et al., 2013) and the formation of a corkscrew structure by the cRNA termini has been demonstrated (Fig. 2C) (Azzeh et al., 2001; Crow et al., 2004). It is possible that structural differences exist between the vRNA and cRNA promoter structures however, since the wobble basepairs at positions 3 and 5 in the vRNA promoter become mismatched in the cRNA promoter; indeed, the structure of the cRNA promoter has been suggested to be more unstable than that of the vRNA (Park et al., 2003) so cRNA and vRNA may differ in the efficiency with which they activate RIG-I.

7. Identification of natural influenza virus PAMPs

7.1. Identification of RIG-I ligands from infected cells

Naked viral RNAs generated by *in vitro* transcription reactions or by RNA extractions from infected cells have been shown to induce IFN, yet such free RNAs would not be expected to be generated during virus infections due to vRNA and cRNA encapsidation. Two studies therefore addressed the nature of the ‘genuine’ viral PAMPs responsible for activating RIG-I during influenza virus infections. Baum et al. (2010) immunoprecipitated RIG-I from cells infected

with an NS1-deficient virus, extracted RIG-I-associated RNA and performed deep sequencing analyses to identify RIG-I ligands. Although sequences mapping to all genome segments could be detected in RIG-I immunoprecipitates, there was particular enrichment for reads mapping to the smallest viral segments M and NS. Furthermore, reads mapping to the PA and PB1 polymerase segments were particularly over-represented in the 5' and 3' regions, which is highly suggestive of RNAs derived from genome segments containing large internal deletions. This analysis did not determine whether the RIG-I associated RNAs were vRNA, cRNA or mRNA in nature, since the amplification method used did not permit the retention of strand orientation information.

Rehwinkel et al. (2010) used a different approach to address the same question. The authors demonstrated the formation of a trimolecular complex of RIG-I, an *in vitro* RNA transcript and NS1, and by purifying this complex, RNA with IFN-inducing activity could be isolated. A similar complex was postulated to form with the bona fide RIG-I agonist during influenza virus infection, permitting genuine PAMPs from infected cells to be co-precipitated with the NS1 protein. Consistent with this, RNA purified from NS1-immunoprecipitates induced expression from an IFN-β reporter gene in a RIG-I- and 5'ppp-dependent manner, and NS1-associated RNA was enriched for full-length vRNA from all eight segments (in addition to cRNA and mRNA from some segments). Furthermore, RIG-I immunoprecipitates also contained full-length vRNA and cRNA, supporting the authors’ conclusions that full-length genomes constitute the major PAMP in infected cells.

The identification of influenza virus RNA, and in particular vRNA, as ligands of RIG-I in these studies is not surprising, given that the vRNA panhandle possesses the characteristics required for RIG-I activation. What remains to be determined however is how the vRNA panhandle structure is able to form in infected cells, since replication of the virus genome is so closely coupled to encapsidation of the nascent RNA. Two scenarios can be envisaged regarding RIG-I activation during influenza virus infections. The first is that free vRNA, forming a panhandle, is generated erroneously at some point in a virus infection; if this is the case, when and how is this free RNA species generated? The second is that RIG-I can somehow recognise vRNA within the context of a vRNP. Since the polymerase obscures the genome termini, the latter of these scenarios would presumably require displacement of the polymerase from the vRNA promoter for RIG-I recognition. Interestingly, the individual polymerase subunits have been found to associate with RIG-I in an RNA-independent manner (Li et al., 2014); although these associations were not found to have clear implications for activation of the IFN response, it is possible that RIG-I recruitment to the vRNP through polymerase interactions could induce a conformational change in the vRNP structure that leads to formation and exposure of the panhandle.

7.2. The requirements for transcription and replication

Since influenza viruses replicate in the nucleus and RIG-I resides in the cytoplasm, incoming and progeny genomes traversing the cytoplasm are the most obvious candidates for triggering IFN induction, and there is some debate about the contribution of each of these to RIG-I activation by influenza viruses. Full-length genome replication requires ongoing viral protein synthesis due to the requirement for concurrent encapsidation by NP and newly synthesised polymerase (Honda et al., 1988; Jorba et al., 2009; Shapiro and Krug, 1988; Vreede et al., 2004; York et al., 2013); the translation inhibitor cycloheximide therefore prevents cRNP and progeny vRNP accumulation (and subsequently secondary viral transcription) in infected cells (Barrett et al., 1979; Hatada et al., 1989; Vreede et al., 2004). Rehwinkel et al. (2010) reported that no RNA capable of stimulating the IFN-β promoter could be extracted from

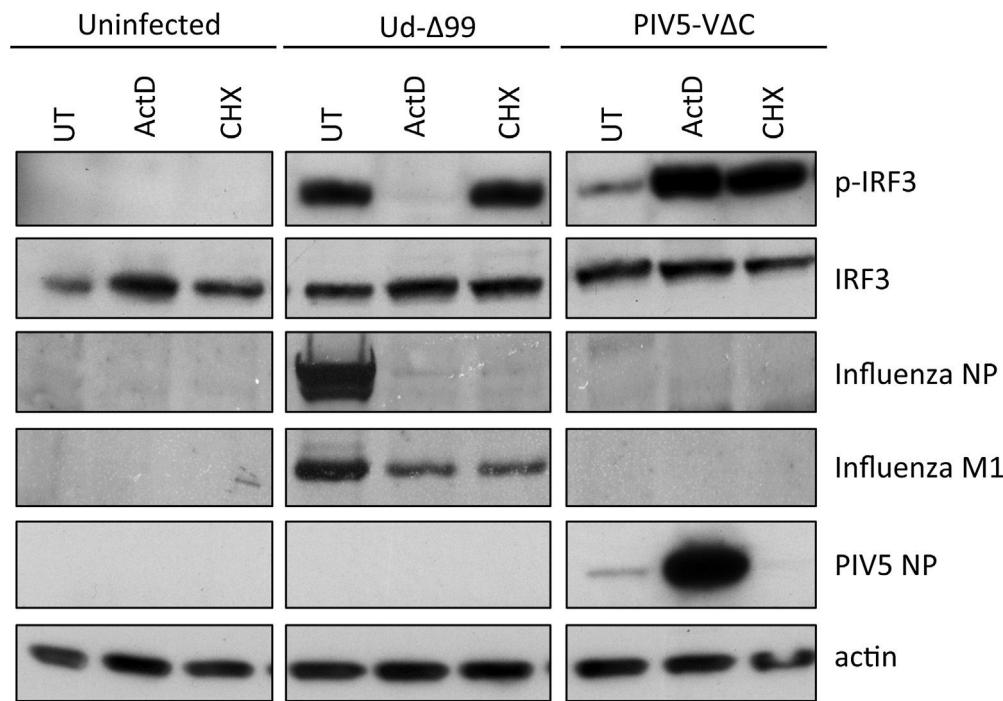


Fig. 3. Activation of the IFN induction cascade by influenza virus is sensitive to actinomycin D but not cycloheximide. A549 cells were infected with 5 PFU/cell of an NS1-defective Udorn virus (Ud-Δ99; Jackson et al., 2010) or a DI-rich preparation of PIV5 (PIV5-VΔC vM2; Killip et al., 2011), in the presence of 1 μg/ml actinomycin D (ActD) or 50 μg/ml cycloheximide (CHX) or were left untreated (UT). At 16 h post-infection, cell lysates were prepared and probed for phospho-IRF3 (p-IRF3), total IRF3, viral proteins and actin.

infected cells in the presence of cycloheximide. Furthermore, they used an RNP reconstitution method to demonstrate IFN induction by reconstitutions with a transcription-defective but not a replication-defective viral polymerase and thus concluded that viral genome replication was required to stimulate IFN expression (Rehwinkel et al., 2010). However, recent studies have demonstrated IRF3 activation and transcription of both IFN- β and ISG56 genes in conditions where progeny vRNA synthesis is inhibited, either by cycloheximide treatment or using siRNA to NP (Fig. 3) (Killip et al., 2014; Osterlund et al., 2012; Weber et al., 2013).

Incoming viral nucleocapsids have been implicated in RIG-I activation by members of the Bunyaviridae, which also possess segmented negative-sense RNA genomes with a 5'ppp panhandle structure (Weber et al., 2013); activation of the IFN induction cascade in the presence of cycloheximide would be consistent with this also being the case for influenza virus infections. Indeed, a recent study has reported the association of vRNPs with RIG-I and MAVS at the mitochondrion at 3 h post-infection (Liedmann et al., 2014). However, several studies have indicated that incoming influenza A vRNPs are not sufficient to induce IFN during infection of epithelial cells and monocyte-derived DCs (moDCs), and that viral RNA synthesis is required (Crotta et al., 2013; Killip et al., 2014; Osterlund et al., 2012). Efficient inhibition of IRF3 and NF-κB activation by the cellular transcription inhibitors actinomycin D and alpha-amanitin in influenza-infected cells strongly suggests that incoming genomes do not function as a major PAMP in lung epithelial cells (Fig. 3) (Killip et al., 2014). These drugs do not affect the transport of incoming vRNPs to the nucleus, but potently inhibit viral transcription (because of the requirement for cellular transcripts for priming viral mRNA synthesis) and cRNP and vRNP generation (due to inhibition of de novo NP and polymerase synthesis). Virus-mediated IRF3 activation is also inhibited by 5,6-dichloro-1-β-d-ribofuranosylbenzimidazole (DRB) treatment (Killip et al., 2014), which permits viral transcription but impedes the export of viral transcripts from

the nucleus (Amorim et al., 2007; Chan et al., 2006). The effects of these drugs on IRF3 activation were specific to influenza viruses, since they have no effect on activation of the IFN induction cascade by the dsRNA analogue poly(I:C) or by paramyxoviruses (Fig. 3) (Killip et al., 2014) which replicate in the cytoplasm and do not rely on cellular transcription (Lamb and Parks, 2013). Moreover, expression of type I and type III IFNs following influenza A virus infection correlates with the accumulation of viral RNAs (Osterlund et al., 2012) and can be completely abrogated following inactivation of the virus by heat or UV treatment (Crotta et al., 2013; Osterlund et al., 2012). The above studies have been limited to a relatively small number of influenza A virus strains, so it is conceivable that different influenza A virus strains may vary in their capacity to be recognised by RIG-I during vRNP entry. Interestingly, influenza B viruses elicit a much more rapid activation of IRF3 than influenza A virus and this activation is insensitive to UV treatment (Osterlund et al., 2012) indicating that the incoming genomes of these different virus genera may differ in their ability to be recognised by PRRs.

Taken together, these observations strongly suggest that the generation of the major influenza A virus PAMPs requires the synthesis and nuclear export of an RNA product or products from incoming genomes, and that these RNAs can be generated even in conditions where cRNP and vRNP accumulation is impaired. Nevertheless, it is likely that distinct PAMPs are generated at different stages of the virus life cycle; thus, a minority of incoming influenza A virus genomes may contribute to IFN induction at very early points post-infection, with viral polymerase products (including, but not limited to, progeny genomes) functioning as a more significant PAMP population later in infection. The nature of the PAMPs that are generated in the presence of cycloheximide but not in the presence of cellular transcription inhibitors has not yet been elucidated, and although the sensitivity of IRF3 activation to viral transcription inhibitors may superficially suggest that viral mRNAs can function as IFN inducers, the fact that influenza virus mRNAs are 5' capped and polyadenylated like host

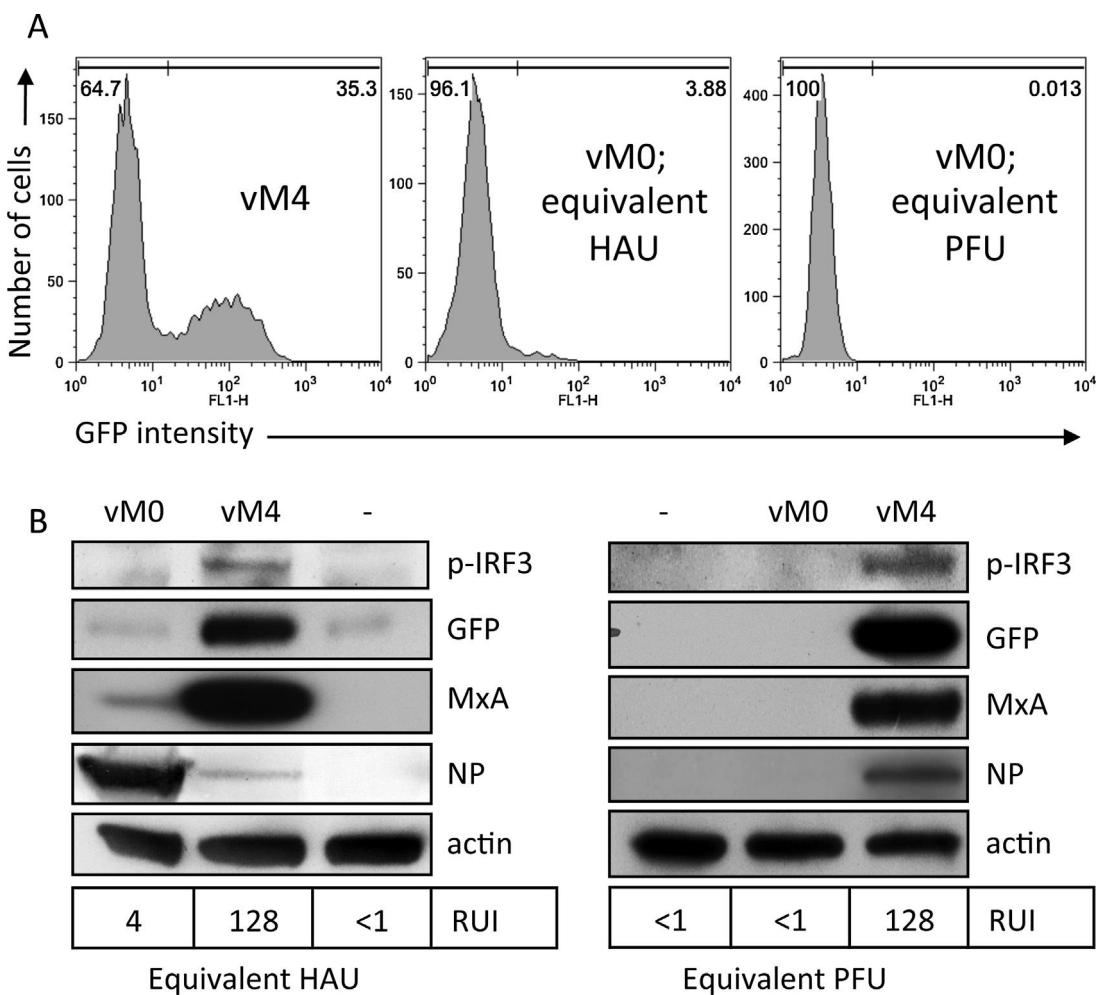


Fig. 4. DI in influenza virus preparations correlate with an enhanced ability to activate the interferon system. DI-preparations of PR8 were obtained by four sequential high multiplicity passages of the vMO virus through MDCK cells. The total number of virus particles (haemagglutination units; HAU) and the plaque-forming titre (plaque-forming units; PFU) were obtained by haemagglutination assay and plaque assay respectively. A549 cells expressing GFP under the control of an IFN- β promoter (A549/pr(IFN- β).GFP; Chen et al., 2010) were infected with the low DI (vMO) or DI-rich (vM4) preparations of PR8 at equivalent infectious titre (0.3 PFU/cell) or an equivalent number of total virus particles (1×10^4 HAU/cell). At 16 h post-infection, cells were trypsinised, fixed and analysed by flow cytometry for GFP expression (A). Duplicate monolayers were harvested for immunoblotting (B); lysates were probed for markers of activation of the interferon system (phospho-IRF3, GFP and MxA), viral NP expression and actin (as a loading control). The IFN present in culture media was estimated by CPE-reduction bio-assay, and the relative units of IFN (RUI) for each condition are indicated beneath the immunoblot panels.

virions (Gerber et al., 2014), internal deletion RNAs possess identical 5' and 3' termini to non-defective, full-length genomic RNAs and would not therefore be expected to differ in their inherent ability to bind RIG-I. The ability of DI viruses to induce IFN may simply be due to a faster replication rate of DI RNAs than full-length genomes because of their smaller size. Alternatively, DI-mediated interference with viral polymerase and NP expression may lead to a reduction in polymerase-imposed shut-off of cellular gene expression (Ngunjiri et al., 2012) or affect the efficiency of cRNA and vRNA encapsidation. Furthermore, DI-mediated interference may reduce NS1 expression, thereby contributing to IFN induction by limiting IFN antagonism by the virus. This occurs in DI-rich preparations of the paramyxovirus parainfluenza virus 5, where DIs simultaneously stimulate the IFN response and interfere with the expression of the V protein (the viral IFN antagonist) from co-infecting non-defective virus; as a result, the V protein only accumulates in infected cells after the IFN induction cascade has already been activated (Killip et al., 2013). Perhaps smaller segments of genomic RNA, such as the internal deletion RNAs and NS and M segment RNAs identified in RIG-I immunoprecipitates (Baum et al., 2010), form a panhandle more readily than full-length RNA when they are unencapsidated,

or DI RNPs may be less stable than full-length RNPs and thus more prone to releasing free RNA. It is interesting to note that very small flu genome templates can be replicated in the absence of NP (Resa-Infante et al., 2010; Turrell et al., 2013); thus, it is a possibility that small DI RNAs could be replicated without being concurrently encapsidated and that these unencapsidated replication products could activate RIG-I.

8. Concluding remarks

Innate immune responses, including the IFNs, play a critical role in determining the pathogenicity and outcome of an influenza virus infection: efficient activation of the IFN system early in infection effectively restricts viral replication and eliminates the virus, while excessive activation of innate immune responses actually increases tissue damage in the host. Here, we have outlined recent advances in the study of the IFN induction by influenza viruses and the identity of the PAMPs produced during influenza virus infection; however, several unanswered questions remain. Assuming the influenza virus panhandle is recognised by RIG-I during infection, it is unclear how this RNA structure is able to form in infected

